

# IMPACT

## President's Message by Carla Pepka, MSc, ADC

### National Professional Organizations

**National Association of Activity Professionals (NAAP)**  
P. O. Box 3216, Shawnee, KS  
66203-0216  
[naap.office@gmail.com](mailto:naap.office@gmail.com)  
[www.thenaap.com](http://www.thenaap.com)

**National Certification Council of Activity Professionals (NCCAP)**  
P.O. Box 62589,  
Virginia Beach, VA 23466-2589  
[www.nccap.org](http://www.nccap.org)

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Happy Summer to all MassCAP members! Some of the MassCAP Board recently attended the 34th NAAP Conference in Dallas, TX. The theme: *Training, Leadership, Team Building and Networking* sums up the array of educational opportunities for activity professionals.

Some Board members also attended the NCCAP Symposium in Cary, NC. The theme of NCCAP's 30th year, *Celebrating Pearls of Wisdom!* One of the

most interesting educational sessions featured a cultural exchange between professionals from the United States, Bermuda and Japan. Even though we are separated by distance, we share many similar challenges such as: improving quality of activities for dementia clients, the need for more intergenerational activities and developing programs for baby boomers. Both the convention and symposium were filled with great speakers, food, networking

opportunities, awards and much more.

The MassCAP 2016 convention will be held on October 13th and 14th at the Verve Crown Plaza in Natick, MA. This year's theme is: "Activities: Thinking Outside the Box!" Catherine Sabatini, MassCAP Program Chair has been busy lining up speakers for the convention. Save the date! The convention packets will be sent out soon. Please be sure to book your room once you receive the convention information. The MassCAP room rate this year is \$129.00. Ask a peer or colleague

### Job Bank Chair Position

The Job Bank Board position is currently open. If you are interested in joining the MassCAP Board please contact President Carla

As the Program Chair, I am always interested to hearing about new speakers so please feel free to send any speakers or program topics you would be interested in hearing to me at: [masscap.programchair@yahoo.com](mailto:masscap.programchair@yahoo.com)

### Program Chair

by Catherine Sabatini, ADC

**SAVE THE DATE:**  
August 9th—6pm-8pm  
**PAINT NIGHT with MassCAP**—featuring Samantha Bennett  
Become a painting prodigy during this step by step painting event where each participant will create their own artistic masterpiece! Learn how

to excite the mind, evoke creativity and promote self expression through painting! Watch for your registration form!  
**MassCAP Convention**  
October 13th—14th The Verve Crown Plaza—Natick, MA. The convention packets will be sent out very soon. We have an

## Technical Support Chair

**Rosey Beckford**

Wishing everyone a wonderful summer season!

**Website update:** Our website needs to be upgraded so that it can be more secure and modernized and I will be working on that over the summer months. The website address is [www.theMassCAP.org](http://www.theMassCAP.org)

**Facebook updates:** At this time I am unable to access our Facebook account which derived from the Facebook team. I am trying to rectify this problem so that we can continue to share ideas and build new relationships with the Facebook world.

**LinkedIn Updates:** We now have 427 connections from all over the United States and the world.

**Twitter Updates:** We have 54 followers and are following 232 people and organizations that are related to the Activity Profession and other healthcare related groups. You can also connect with MassCAP at any one of our social networking sites at

## Education/Certification Chair by Ann Eagan, ACC

The National Certification Council for Activity Professionals (NCCAP) is the certifying body, which sets standards and criteria to ensure that those we serve have optimal life experiences.

NCCAP is recognized in the federal regulations. NCCAP's Track 5 is due to expire at the end of the year so please check the NCCAP website ([www.nccap.org](http://www.nccap.org)) for more information,

Contact hours are available at all MassCAP workshops and the annual convention so please plan to attend. Besides the contact hours you have a chance to interact with other Activity Professionals and

share ideas and resources.. These educational opportunities will help you achieve the contact hours you need to renew your certification that requires renewal every 2 years.

There is an updated list of MEPAP teachers in MA below. Please contact the instructors directly if you are in need of the MEPAP classes..

Please do not hesitate to contact me if you have any questions: 508-879-8000 or [Aeagan@stpatricksmanor.org](mailto: Aeagan@stpatricksmanor.org)

## Job Bank Chair by Samantha Bennett, ADC

The MassCAP Job Bank is joining Facebook! Join us on our private Facebook page where available positions are at your fingertips. This page will be private and requires permission from the Job Bank, If you are interested in joining you must e-mail [MassCAPJobBank@yahoo.com](mailto:MassCAPJobBank@yahoo.com) with your Facebook Name and MassCAP Membership number. The Job Bank will post open positions on Facebook in lieu of e-blasts, however you can still contact the Job Bank Chair for available positions via e-mail or phone. Remember anyone can post a position but you must be a MassCAP member to inquire about available positions.

## Massachusetts Instructors for MEPAP 2nd Edition

Name	City	Phone	Email
Glory Wideman-Hughes	Dorchester	617-436-2233	<a href="mailto:nicrob4u@verizon.net">nicrob4u@verizon.net</a>
Ann de Villafane	Gardner	978-632-5477	<a href="mailto:ann.devillafane@yahoo.com">ann.devillafane@yahoo.com</a>
Cheryl Girard	Westport	508-672-2844	<a href="mailto:cherylgirardadc@yahoo.com">cherylgirardadc@yahoo.com</a>
Roberta Moran-Letvinchuk	Rockland	781-878-8872	<a href="mailto:bobbitravel@gmail.com">bobbitravel@gmail.com</a>
Sandra Sarza	Swansea	508-379-9843	<a href="mailto:sandysarza@aol.com">sandysarza@aol.com</a>
Susan Habchy	Hull	617-481-9878	<a href="mailto:susanhabchy@comcast.net">susanhabchy@comcast.net</a>

## Membership/Professional Services Chair by Bobbi Moran ADC

As Membership/Professional Services Chair, I am honored to assist our members in staying current with activity profession updates and trends, educational opportunities, membership benefits and responsibilities. Part of my roles is to collect ideas, requests information and data for the specific purpose of keeping the MassCAP membership professionally updated and prepared for the changes, trends, concerns and need of our chosen profession. Affiliation in our state activity professional organization is of crucial importance to the quality of our service to the elderly ..in any type of setting—Assisted Living, Adult Day Health, TCU, Rehab and Skilled Nursing.

### IT'S NOMINATION TIME!

The summer window for this annual opportunity to recognize your peers and others is officially open! Nominations are being accepted for the Volunteer of the Year, the MassCAP Award of Excellence and the Activity Professional of the Year. The awards are presented at the MassCAP Convention in October. Start thinking of possible people to nominate! Nomination forms will be sent to the members and will be posted on the MassCAP website.

I would also like to ask every member to spread the word about MassCAP membership to your assistants and other Activity Professionals.

Please think of the Activity Professionals that you know—whether they work in a skilled nursing facility, Assisted Living, Adult Day Health, TCU or Independent Living Center. Encourage them to join MassCAP. Tell them all of the reasons why being a MassCAP member is important to you! We are stronger as an organization when we have a diverse membership! I challenge each of you to bring in one new member so that we can continue to grow our organization and become a force in the industry!

Please do not hesitate to contact me if you have any questions. I can be reached at [bobbitravels@gmail.com](mailto:bobbitravels@gmail.com) or 617-610-7299

## Satellite Chair

### WE NEED YOU!

Each year MassCAP reaches out to our Satellite groups asking for one group to volunteer to serve as our Host Group for the convention in October. We are aware that this responsibility comes with items to consider and we hope that you will discuss

this possibility at your next Satellite Group meeting. If you would like to learn more about the benefits of serving as the Host Satellite Group or need more details, please feel free to contact me.

I am currently updating the MassCAP Directory &

## by Samantha Bennett ADC

Resource guide. It would be helpful if each Satellite group could send me their updated contact information.

Please note that my e-mail address has changed and is now: [sbennett@wingatesrc.com](mailto:sbennett@wingatesrc.com) and my telephone number is: 508-838-8716

**Massachusetts Council of Activity Professionals**

Massachusetts Senior Care Association  
800 South St. Suite 280  
Waltham, MA 02453

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Fax: 617-558-3546

E-mail: [aantolini@maseniorcare.org](mailto:aantolini@maseniorcare.org)

[www.maseniorcare.org](http://www.maseniorcare.org)

**MassCAP Board contacts:**

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**Treasurer by Laura Cary Friis, ADC**

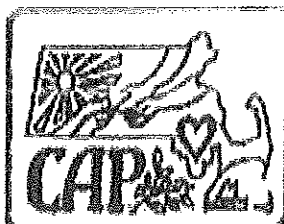
Happy summer! Logo items are available at all of the workshops and the convention. Be sure to stop by the logo table and check out the adhesive cell phone wallets, the thumb drives and the earbuds.

Thank you for supporting MassCAPI

**Policy and Procedure Chair by Karen Varnum, ADC**

Happy Summer! As the Policy & Procedure Chair, I am reviewing all of the policies, procedures, job descriptions and bylaws for any needed updates.

Contact me if you have any questions or suggestions.



You can find us on the web at  
[www.theMassCAP.org](http://www.theMassCAP.org)



**Editor's Note  
Vice President  
Sandy Sarza, ACC,  
AC-BC, NHA, CDP,  
CADDCT**

I would like to include information from any member or Satellite group that would like to contribute. If you have an event or an activity idea that you would like to share, please send the information to me at

[SandySarza@aol.com](mailto:SandySarza@aol.com)

**VENDORS WANTED**

I am currently looking for names and contact information for any vendors that you would like to see at this year's convention. Please feel free to e-mail me any suggestions you may have. Also, please plan to stay at the convention on Thursday night from 5pm-6:30pm for the Vendor's Spotlight. This 1.5 contact hour program gives the vendors a chance to showcase their products to the attendees! Our vendors are huge supporters of our profession and of MassCAP so please visit their booths

and attend the Vendor's Spotlight!

**Ticket Auction!**

Every year at the MassCAP Convention we have a ticket auction which is a lot of fun! We are looking for items to be donated for the auction. If you



have an item you wish to donate, please bring it to the convention or contact

